



Hi there !

How did you go last week?

Did you get a chance to ask your partner what do they want in life and from the relationship!!

I had a busy but interesting week.

We finished NLP Practitioner Course last week and always amazing to watch the transformations as we train.

Plus week 3 of Business in a Box boot camp to get your business up and running in 90 days.



Most people start yet fail in the business because of not knowing how to think like an entrepreneur.

Interestingly, relationships also fail for the same reason. Not knowing how to think like an entrepreneur.

I know you must be thinking “ This is weird” but trust me, this is true.

When one or both the partners start to take each other for granted or stop working on themselves, that's precisely when a relationship begins to break down.

A business fails:

- When you are complacent with yourself or your clients.
- When you stop meeting your clients' needs
- When your clients' needs changed from what they originally wanted and you can no longer meet that need
- When your business goals have changed and therefore your target client

Now apply this to your relationships.

Interestingly, there are many couples out there who took a collective decision to meet their physical and emotional needs outside the relationship and decided to stay together for kids and society or because of their own insecurities and conditioning.

And the question that you have to ask yourself - "What is it that is keeping us together in this relationship?"

The crucial question is not what brings you together, it is what keeps you together?

Can you still be emotionally intimate when you are seeing someone outside the relationship because you mutually decided to do so?

Can you fully enjoy physical intimacy when your emotional needs are met outside the relationship?

Love to hear your views and your feedback.

More to discuss about giving and emotional connection in relationships next week.

Love

Manna

**Josh Dohnl
Melbourne**



Manna, you have 100% changed the trajectory of my life and I really feel this is my year. Your impact on that cannot be understated.

If you like to talk about anything in relation to your relationship or if you feel stuck, feel free to book a FREE 45 min discovery session (valued at \$275) with me, Manna here. The worst that can happen is you will get a new perspective and fresh insights.

Book Now

Here is the challenge for you till we meet again..

Ask your partner what has changed and how can you meet that need?

**Your Free Resources @ The Art of Self Discovery
For your personal growth and personal evolution**



07.30 PM Adelaide time
which is
09.00 AM UK
2.30 PM India
04.00 AM Canada
08.00 PM
NSW/Melbourne/Tasmania
10.00 PM NZ
07.00 PM QLD

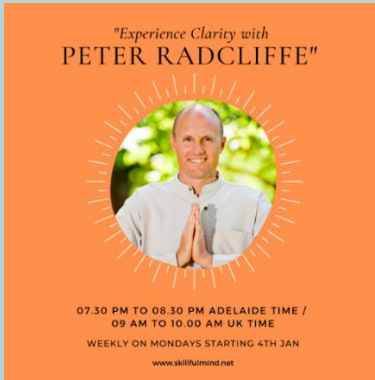
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

EXPERIENCE CLARITY WITH PETER RADCLIFFE
MEDITATION WITH PETER & MANNA@ 9.30 AM ACDT
THE GOAL POST FOR ACCOUNTABILITY
THE LAMP POST - FORTNIGHTLY MASTERMINDS
CATCHUP (private group)
THE LISTENING POST - EXPLORE THE UNEXPLORED

Join Virtual meeting here



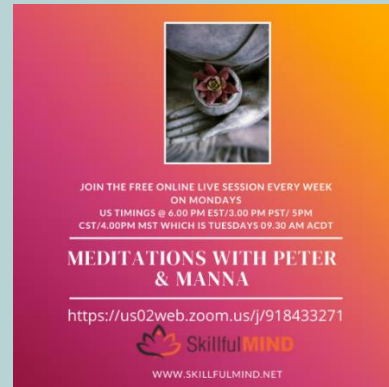
<https://us02web.zoom.us/j/918433271>



Every Monday
07.30 PM - 08.30 PM
ACDT

Watch this space for dates and topics effective 04 Jan 2021 Peter holds weekly live sessions via zoom on Mondays where you have a chance to ask all those questions you have been wondering about for years related to meditation and mind.

[Know More](#)



Every Tuesday
09.30 AM - 10.30 AM
ACDT/6.00pm EST/3.00
pm PST, 5.00 pm CST,
4.00 pm MST

Meditation with Peter Radcliffe and Manna Abraham
We invite you all to join free online live session.

[Know More](#)



**Every fortnight
Thursdays 07.30 PM –
09.00 PM ACDT**

The Lamp Post is a Mastermind group to offer coaches a combination of peer brainstorming, masterminding, accountability and support in a group setting to create the success you want.

[Know More](#)



**Every Wednesday 07.30
PM – 09.00 PM ACDT**

The objective of “The Goal Post” is to give you that little nudge to achieve your goals in a no judgement space and provide you a platform to be accountable.

[Know More](#)



**Every Friday 07.30 PM –
09.00 PM ACDT**

“The Listening Post” facilitated by Manna Abraham will give you access to some of the most powerful mind mastery and self discovery tools in a judgement free community addressing your deepest thoughts, emotions and fears.

[Know More](#)

Feel free to reach out to me with your questions, concerns, feedback and if you love to share your story –manna@artofselfdiscovery.com.au or join The Art of Self Discovery face book group by clicking [here](#). Also we can catch up every week on one or all of the platforms.

Just BE YOU and Live in the Moment!

Manna

<https://www.artofselfdiscovery.com.au/>